



***Physical Education
Learning Support and Equity
Academics & Professional Development***

Dear Parent/Caretaker,

Hello my name is Jeff Jensen and I am an Elementary Physical Education Specialist for San Francisco Unified School District. I will be teaching physical education at Miraloma School this year. The physical education program is funded in part by Proposition H, which was passed by the voters of San Francisco. Proposition H provides funding for all levels (K-12) for sports, physical education, art, libraries, and music. This is especially exciting for me because I am able to teach physical education here at Miraloma.

I am a 3rd generation San Franciscan, raised in South San Francisco where I graduated from El Camino High School and San Francisco State University. This is my second year with this program but I have been teaching for 15 years in northern and southern California. I have taught PE, health, math, and computer technology to all grade levels.

Physical Education is an integral part of the educational program for all students. Students learn how their bodies move, how to perform a variety of physical activities, and to appreciate the benefits of daily activity for a healthy active lifestyle.

For safety reasons, your child will be required to wear tennis shoes during physical education class. It is important to send your child to school wearing carrying tennis shoes on the days he/she has PE. You might want to consider sending an extra pair that can be kept at school.

All students will be required to participate regardless of dress. Dressy clothes are not recommended. Girls wearing skirts or dresses should wear tights or leggings underneath or may bring a pair of shorts that can be easily slipped on before class. Forgetting shoes or improper dress will not be a valid excuse for not participating.

Physical Education provides learning experiences that meet the development needs of all students. With physical education, students become confident, independent, self-controlled, and resilient. Students develop positive social skills, learn to set and strive for personal responsibility for their own behavior, and improve their academic performance.

Schools will receive additional resources to support and improve physical education instruction and to ensure every child receive 200 minutes of quality physical education for every 10 days of instruction.

I welcome any questions you may have about the program and encourage you to support your child's participation in our physical education instruction.

Sincerely,

Jeff Jensen